



### **BEEF SLIDERS**

**\$ 25.80**

Mini beef burger with chipotle mayo, lettuce and onion. Minimum order: 2 dozen (Price is per dozen). For a passed service additional labour will be added to your booking fee. Taxes and Gratuity are not included in the price.



### **VEGETARIAN SLIDERS**

**\$ 25.80**

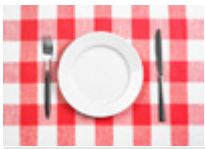
Mini vegetarian burger with chipotle mayo, lettuce and onion. Minimum order: 2 dozen (Price is per dozen). For a passed service additional labour will be added to your booking fee. Taxes and Gratuity are not included in the price.



### **MARINATED PORTOBELLO MUSHROOMS**

**\$ 12.75**

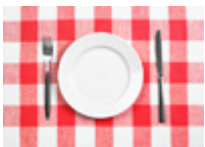
Minimum order: 2 dozen (Price is per dozen). For a passed service additional labour will be added to your booking fee. Taxes and Gratuity are not included in the price.



### **SPANAKOPITA**

**\$ 13.50**

Spinach, feta & oregano stuffed filo pasty. Minimum order: 2 dozen (Price is per dozen). For a passed service additional labour will be added to your booking fee. Taxes and Gratuity are not included in the price.



### **SAUSAGE ROLLS**

**\$ 10.75**

Served with honey-mustard dipping sauce. Minimum order: 2 dozen (Price is per dozen). For a passed service additional labour will be added to your booking fee. Taxes and Gratuity are not included in the price.



### **CHICKEN SATAY SKEWER**

**\$ 15.50**

Served with peanut sauce and an Asian style soy dipping sauce. Minimum order: 2 dozen (Price is per dozen). For a passed service additional labour will be added to your booking fee. Taxes and Gratuity are not included in the price.



### **GRILLED SHRIMP SKEWER**

**\$ 16.25**

Served with honey-dijon dipping sauce. Minimum order: 2 dozen (Price is per dozen). For a passed service additional labour will be added to your booking fee. Taxes and Gratuity are not included in the price.



### **CEVICHE**

**\$ 22.95**

Salmon ceviche in a bamboo spoon. Minimum order: 2 dozen (Price is per dozen). For a passed service additional labour will be added to your booking fee. Taxes and Gratuity are not included in the price.



### **CHEESE GRAPES**

**\$ 14.75**

Grape wrapped in a mix of goat cheese and cream cheese, rolled in crushed almonds. Minimum order: 2 dozen (Price is per dozen). For a passed service additional labour will be added to your booking fee. Taxes and Gratuity are not included in the price.

---



### **CANDIED SALMON**

**\$ 19.95**

Salmon marinated in maple syrup and raw sugar, on a skewer with seasonal fruit or berries. Minimum order: 2 dozen (Price is per dozen). For a passed service additional labour will be added to your booking fee. Taxes and Gratuity are not included in the price.

---



### **BASIL MARINATED BOCCONCINI & CHERRY TOMATO SKEWER**

**\$ 14.95**

Minimum order: 2 dozen (Price is per dozen). For a passed service additional labour will be added to your booking fee. Taxes and Gratuity are not included in the price.

---



### **TOMATO & BASIL BRUSCHETTA**

**\$ 13.50**

Minimum order: 2 dozen (Price is per dozen). For a passed service additional labour will be added to your booking fee. Taxes and Gratuity are not included in the price.

---



### **SMOKED SALMON ON BLACK BREAD**

**\$ 16.25**

With crème fraiche on black bread. Minimum order: 2 dozen (Price is per dozen). For a passed service additional labour will be added to your booking fee. Taxes and Gratuity are not included in the price.

---



### **VODKA FRUIT PUNCH**

**\$ 89.25**

(Alcoholic). Vodka, Orange Juice, Pineapple Juice, Cranberry Juice, Grapefruit Juice, Ginger Ale. Serves Approx. 50

---



### **BUBBLY PUNCH**

**\$ 115.00**

(Alcoholic). Sparkling Wine, White Wine, Pineapple, 7-up, Triple Sec, Lemon.

---



### **APPLE CIDER PUNCH**

**\$ 61.00**

(Alcoholic). Hard Cider, Brandy, White Grape juice, Apple juice, Soda, Lemon Juice.

---



## **SANGRIA**

(Alcoholic). Red Wine, Orange Juice, Pineapple, 7-Up, Brandy, Triple Sec.

\$



## **NON-ALCOHOLIC FRUIT PUNCH**

**\$ 37.85**

(Non-alcoholic). Orange, Pineapple, Cranberry, and Grapefruit Juices, Ginger Ale & Club Soda



## **MIXED GREENS**

**\$ 2.45**

Buffet Salad. With choice of Vinaigrette. Minimum order: 15 people (Price is per person).



## **CAESAR SALAD**

**\$ 2.45**

Buffet Salad. Minimum order: 15 people (Price is per person).



## **MIXED BEAN SALAD**

**\$ 2.55**

Buffet Salad. With Cilantro, Sweet Pepper Salsa. Minimum order: 15 people (Price is per person).



## **BEET SALAD**

**\$ 2.65**

Buffet Salad. Fresh Beets tossed in Red Wine Vinaigrette with Fresh Herbs. Minimum order: 15 people (Price is per person).



## **MANGO, TOMATO AND CILANTRO SALAD**

**\$ 2.95**

Buffet Salad. Sweet Mango, Tomatoes, Cilantro, Red Onion in a Balsamic dressing. Minimum order: 15 people (Price is per person).



## **MEDITERRANEAN COUSCOUS SALAD**

**\$ 2.95**

Buffet Salad. Couscous, Cherry Tomato, Red Onion, Feta Cheese with Lemon Mint Vinaigrette. Minimum order: 15 people (Price is per person).



### **QUINOA & LENTIL SALAD**

Buffet Salad. Minimum order: 15 people (Price is per person).

**\$ 2.95**

---



### **CHEESE TRAY**

Buffet tray. Served with French baguette. Brie, Strong Cheddar, Oka, and Herbed Havarti. Minimum order: 20 People (Price is per person).

**\$ 3.40**

---



### **SMOKED SALMON TRAY**

Buffet tray. Served with bagels and cream cheese. Smoked Salmon garnished with Capers and Red Onion. Minimum order: 20 people (Price is per person).

**\$ 4.75**

---



### **MINI-SANDWICH TRAY**

Buffet tray. Made with mini-rolls. 1 sandwich per person. Egg Salad; Sun-dried Tomato, Scallion and Cream Cheese; Smoked Turkey with Honey Dijon; Tuna Salad; Havarti with Basil Mayo. Minimum order: 15 people (Price is per person).

**\$ 1.85**

---



### **ROASTED VEGETABLE PLATTER**

Buffet tray. Oven roasted Eggplant, Zucchini, Red and Yellow Peppers and Mushroom. Minimum order: 15 people (Price is per person).

**\$ 1.55**

---



### **OPEN-FACE SANDWICHES**

Served on half baguette. Smoked Turkey and Swiss: with Lettuce, Digonnaise and garnished with a manzanilla olive. & Roasted Vegetable: eggplant, zucchini, red & yellow pepper, lettuce, mayo and garnished with a mushroom. Minimum order: 15 people (Price is per person).

**\$ 1.95**

---



### **CRUDITÉS TRAY**

Buffet tray. Baby Carrots, Broccoli, Cauliflower, Cherry Tomatoes, Cucumber, Red, Yellow & Green Peppers with Chipotle dip, Hummus and Lemon-Thyme dip. Minimum order: 20 people (Price is per person).

**\$ 1.25**

---



### **NACHO BASKET**

Nachos with Salsa. Minimum Order: 15 people (Price is per person). For Guacamole, add \$0.35/ person.

**\$ 0.95**

---



### **FRUIT TRAY**

Selection of seasonal fruits. Minimum order: 20 people (Price is per person).

**\$ 1.75**

---

**ASSORTED MINI-SQUARES****\$ 1.15**

Brownie, Caramel Cheesecake Swirl, Tiramisu, Chocolate Mousse and Carrot Cake

---

**MIXED GREEN SALAD TOSSED IN BALSAMIC VINAIGRETTE****\$ 2.65**

Salads-- choose one. Price is per person.

---

**BABY SPINACH TOSSED IN ORANGE RASPBERRY VINAIGRETTE****\$ 2.85**

Salads-- choose one. Price is per person.

---

**MOROCCAN SPICED CHICKPEA****\$ 2.75**

Soups-- choose one. Price is per person.

---

**CREAMY THAI CARROT****\$ 2.55**

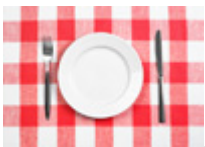
Soups-- choose one. Price is per person.

---

**THAI YELLOW CURRY CHICKEN SERVED WITH RICE AND SEASONAL VEGETABLE MEDLEY****\$ 13.95**

Main course-- choose a maximum of two. Price is per person.

---

**ROTINI PASTA PRIMAVERA****\$ 10.95**

Main course-- choose a maximum of two. Fresh Tomato Sauce with julienned Seasonal Vegetable. Price is per person.

---

**COFFEE/TEA SERVICE****\$ 1.25**

Price is per person. 15 person minimum unless being ordered with other coffee/tea combos.

---

**FRUIT JUICE PITCHER****\$ 5.25**

A la carte. Orange, Apple, Grapefruit, Pineapple and Cranberry. Price is per pitcher.

---



### **MUFFINS & BUTTER**

**\$ 2.15**

Price is per person. 15 person minimum unless being ordered with other coffee/tea combos.

---



### **DUO GRILLED CHICKEN AND VEGETABLE BROCHETTE SERVED WITH ROASTED SWEET POTATOES**

**\$ 14.95**

Main course-- choose a maximum of two. Price is per person.

---



### **CROISSANTS & JAM**

**\$ 2.25**

Price is per person. Must be ordered by the 1/2 dozen. 15 person minimum unless being ordered with other coffee/tea combos.

---



### **BEEF AND MUSHROOM STEW SERVED ON A BED OF EGG NOODLES**

**\$ 15.95**

Main course-- choose a maximum of two. Price is per person.

---



### **COOKIES**

**\$ 0.85**

Chocolate chunk, White chocolate - Macadamia, Oatmeal-Raisin. Price is per cookie. 15 person minimum unless being ordered with other coffee/tea combos.

---



### **WHOLE FRUIT**

**\$ 0.95**

A la carte. Apples, Oranges, Bananas. Price is per piece of fruit. 15 person minimum unless being ordered with other coffee/tea combos.

---



### **FRUIT PLATTER**

**\$ 1.50**

A la carte. Sliced seasonal fruit - Minimum order: 20 people (Price is per person)

---



### **CHOCOLATINES**

**\$ 2.45**

Price is per person. Must be ordered by the 1/2 dozen. 15 person minimum unless being ordered with other coffee/tea combos.

---



### **DESSERT SQUARES**

**\$ 2.75**

Desserts-- choose one - Chocolate Mousse - Tiramisu - Carrot Cake - Caramel Cheesecake - Price is per person.

---

**COFFEE/TEA/JUICE & CROISSANT COMBO****\$ 3.75**

Price is per person. Must be ordered by the 1/2 dozen. 15 person minimum unless being ordered with other coffee/tea combos.

---

**COFFEE/TEA/JUICE & MUFFIN COMBO****\$ 3.65**

Price is per person. 15 person minimum unless being ordered with other coffee/tea combos.

---

**COFFEE/TEA/JUICE & CHOCOLATINES COMBO****\$ 3.95**

Price is per person. Must be ordered by the 1/2 dozen. 15 person minimum unless being ordered with other coffee/tea combos.

---

**COFFEE/TEA/JUICE & COOKIES COMBO****\$ 2.45**

Price is per person. 15 person minimum unless being ordered with other coffee/tea combos.

---

**COFFEE/TEA & COOKIES COMBO****\$ 1.85**

Price is per person. 15 person minimum unless being ordered with other coffee/tea combos.

---

**BABY SPINACH & BEAN SPROUTS TOSSED WITH ORANGE-RASPBERRY VINAIGRETTE****\$ 2.85**

Salads-- choose one. Price is per person.

---

**CAESAR SALAD - ROMAINE LETTUCE, CROUTONS, AND PARMESAN TOSSED WITH CAESAR DRESSING****\$ 2.65**

Salads-- choose one. Price is per person.

---

**ARUGULA AND BEET SALAD TOSSED IN A CITRUS VINAIGRETTE AND TOPPED WITH FETA CHEESE****\$ 3.25**

Salads-- choose one. Price is per person.

---

**ROASTED BUTTERNUT SQUASH AND CARROT BISQUE****\$ 2.85**

Soups-- choose one. Price is per person.

---



### **ITALIAN STYLE MINESTRONE**

Soup-- choose one. Price is per person.

**\$ 2.95**

---



### **CREAMY TOMATO CHEESE**

Soup-- choose one. Price is per person.

**\$ 3.25**

---



### **BAKED GOAT'S CHEESE MEDALLIONS ON BABY SPINACH**

Entrée-- choose one. With Orange-Raspberry Vinaigrette and fresh Raspberries. Price is per person.

**\$ 5.95**

---



### **WILD MUSHROOM POCKET**

Entrée-- choose one. Portobello, Oyster and Cremini Mushrooms in Filo Pastry on a bed of Seasonal Vegetables with a light Mushroom Sauce & Fresh Chives. Price is per person.

**\$ 6.95**

---



### **SMOKED SALMON AND ASPARAGUS BUNDLE**

Entrée-- choose one. Drizzled with fresh Lemon juice and Olive Oil topped with fresh Dill. Price is per person.

**\$ 7.95**

---



### **CHEESE-FILLED RAVIOLI**

Main Course-- choose a maximum of two. With a Creamy Rosé Sauce topped with a fine julienne of Seasonal Vegetables. Price is per person.

**\$ 12.95**

---



### **GRILLED CHICKEN BREAST**

Main Course-- choose a maximum of two. Topped with Kalamata Olives, Feta Cheese and Cherry Tomato, drizzled with Lemon-Thyme dressing. Choose from 1) Roasted Sweet Potatoes and Fresh Asparagus or 2) Roasted Potatoes and a julienne of Seasonal Vegetables or 3) Basmati Rice and Green Beans to accompany. Price is per person.

**\$ 19.95**

---



### **ROASTED SALMON**

Main Course-- choose a maximum of two. Topped with a Maple-Soy-Mustard Seed glaze. Choose from 1) Roasted Sweet Potatoes and Fresh Asparagus or 2) Roasted Potatoes and a julienne of Seasonal Vegetables or 3) Basmati Rice and Green Beans to accompany. Price is per person.

**\$ 21.95**

---





### GRILLED FILET MIGNON

Main Course-- choose a maximum of two. With a Port-Balsamic sauce. Choose from 1) Roasted Sweet Potatoes and Fresh Asparagus or 2) Roasted Potatoes and a julienne of Seasonal Vegetables or 3) Basmati Rice and Green Beans to accompany. Price is per person.

\$



### SPECIALTY SALADS

(Choose one) Mediterranean Tomato, Chick pea, Parsley, Couscous & Feta cheese salad with a Lemon Mint Dressing; Mixed Bean Salad with a Cilantro, Sweet Pepper Salsa; Mango Tomato Salad (Sweet Mango, Tomatoes, Cilantro, Red Onion in a Balsamic Dressing); Greek Salad; Beet Salad; Quinoa & Lentil Salad



### WRAP SANDWICHES

(In assorted flavoured tortillas - Choose three types) Chunky Hummus, Mixed Peppers, Tomato, Cucumber and Spring Mix; Guacamole, Cream Cheese, Roasted Red Peppers, Cucumber, Tomato and Spring Mix; Spicy Tuna with chopped Black Olives, Harissa Mayo and Spring Mix; Smoked Turkey with Spring Mix and Chipotle Mayo; Grilled Chicken with Tomato, Guacomole, Spring Mix and Chipotle Mayo; Smoked Salmon with Cream Cheese, Red Onion, Tomato and Spring Mix.



### ALMOND PEAR TARTE

Choose One - sweet pie crust filled with almond cream and pears, with seasonal garnish

**\$ 4.85**



### RUBY TUESDAY

Choose One - New York style cheesecake topped with blueberries, raspberries and a strawberry purée

**\$ 5.25**



### MIDDLE EASTERN PLATTER

Falafel, Thick Pita Bread, Hummus, Shredded Iceberg Lettuce, Shredded Cabbage, Hot Pepper Rings, and Israeli Salad Serves approximately 20 to 30 people

**\$ 49.95**



## DARK CHOCOLATE MOUSSE

Choose One - rich chocolate mousse covered in powdered cacao and a dark chocolate ganache, garnished with fresh raspberries and a raspberry coulis



## SOUPS

(Choose one) Creamy Carrot & Orange; Tomato Cheese; Herbed Carrot & Tomato; Italian Style Minestrone; Moroccan Vegetable & Chick Pea. Mixed Greens with choice of Vinaigrette



## REGULAR SALADS

(Choose one) Mixed Greens with choice of vinaigrette (Orange Raspberry, Sun-dried Tomato & Basil, Mandarin Poppy Seed, Balsamic); Caesar Salad with Croutons



## OPTION 1

Wraps + Regular Salad, Coffee/ Tea & Mini Squares

**\$ 8.95**



## OPTION 2

Wraps + Soup, Coffee/ Tea & Mini Squares

**\$ 9.55**



## OPTION 3

Wraps + Specialty Salad, Coffee/ Tea & Mini Squares

**\$ 9.95**



## OPTION 4

Wraps + Soup + Regular Salad, Coffee / Tea & Mini Squares

**\$ 11.55**



## OPTION 5

Wraps + Regular Salad + Specialty Salad, Coffee/ Tea & Mini Squares

**\$ 11.85**



### **OPTION 6**

Wraps + Soup + Specialty Salad, Coffee/ Tea & Mini Squares

---

**\$ 12.75**



### **OPTION 7**

Wraps + 2 Specialty Salads, Coffee/ Tea & Mini Squares

---

**\$ 13.50**



### **DETAILS**

All Menu options take into account one full wrap sandwich per person. Substitute a Fruit Platter (minimum of 20 persons) for the Mini Squares for an additional \$0.50/ person. Minimum order of 15 people if not ordering the Fruit platter. Limit of one type of option per event.